WINCHESTER NEWS
A TRUSTED AND RELIABLE SOURCE OF LOCAL NEWS

EVENTS

Solo Ager Network presents ‘Primer for Older Adult Self-Centered Care’

October 8, 2024 . 1:00 PM — 1 min read

Dr. Wayne Saltsman, geriatrician and advocate for patient-driven healthcare, will be on hand to speak to older adults about self-centered care on Oct. 17 at the Jenks Center. COURTESY PHOTO

The following was submitted by the Solo Ager Network:

Subscribe

On Thursday, Oct. 17, from 1–3 p.m., the Solo Ager Network presents "A Primer for Older Adult Self-Centered Care" at the Jenks Center, 109 Skillings Road, Winchester.

Dr. Wayne Saltsman, geriatrician and advocate for patient-driven healthcare, will share key strategies to maintain a high quality of life as you age and speak about the importance of proactive planning to stay healthy. He will also talk about how to navigate the healthcare system to ensure your voice is heard, and your healthcare choices reflect your personal values and preferences.

To register, visit www.jenkscenter.org or call 781-721-7136.

Winchester News is a non-profit organization supported by our community. If you appreciate having local Winchester news, please donate to support our work, and subscribe to our free weekly newsletter.

Related

PROMOTING HEALTH & EMPOWERMENT
HEAR FROM HIGH SCHOOL LEADERS
LEARN THROUGH INTERACTIVE GAMES
MEET NEW PEOPLE
FREE AND OPEN TO THE COMMUNITY
Middle school & high school students, teachers, parents, friends, community members - come and bring a friend!
FOR MORE INFORMATION:
EMAIL OFFICE@NFSJ.ORG
CALL 781-729-7100
NETWORK for SOCIAL JUSTICE
FROM WINCHESTER AND CHELSEA
GIRL UP
WOMEN IN STEM
GIRLS GOTTA RUN
MIND & MATTER

EVENTS

Celebrate Women's History Month with Girls Leading Change

FEATURES

'Chicago: Teen Editio… onto the Winchester … stage

Subscribe

The following was submitted by the Network for Social Justice: To mark Women's History Month and International Women's Day in 2026, the Network for Social Justice is collaborating with club leaders from Winchester High School and members of the Community Health team from La Colaborativa in Chelsea and

March 4, 2026

By Talia Ho | Correspondent Fame. Fortune. And all that jazz. This spring, Winchester High School presents "Chicago: Teen Edition," a bold musical that explores celebrity culture, media manipulation, and the cost of ambition. This iconic production is set in the 1920s. Performances will take place on March 13 and 14

SPECIAL TO THE NEWS
March 4, 2026

EVENTS

Ripley Chapel in Winchester presents 'Syldason: You Are Welcome Here'

The following was submitted by the Ripley Chapel at First Congregational Church: On Friday, March 13, beginning at 7:30 p.m., live in-person and live streamed from the stunning Ripley Chapel at First Congregational Church, Winchester, 21 Church St., join in with Syldason, a duo concert featuring Sylvie Zakarian,

March 4, 2026

FEATURES

Winchester Foundation for Educational Excellence hosting 23rd Trivia Bee

Winchester's brightest fifth graders and adults will gather soon to compete in a fierce trivia competition that will raise money for Winchester schools. The Winchester Foundation for Educational Excellence (WFEE), a nonprofit that provides grants for Winchester's public schools, will host its 23rd annual trivia bee March 11

TAVISHI CHATTOPADHYAY | CORRESPONDENT
February 24, 2026

Latest

Subscribe

PROMOTING HEALTH & EMPOWERMENT
HEAR FROM HIGH SCHOOL LEADERS
LEARN THROUGH INTERACTIVE GAMES
MEET NEW PEOPLE
FREE AND OPEN TO THE COMMUNITY
Middle school & high school students, teachers, parents, friends, community members - come and bring a friend!
FOR MORE INFORMATION:
EMAIL OFFICE@NFSJ.ORG
CALL 781-729-7100
NETWORK for SOCIAL JUSTICE
FROM WINCHESTER AND CHELSEA
GIRL UP
WOMEN IN STEM
GIRLS GOTTA RUN
MIND & MATTER

EVENTS

Celebrate Women's History Month with Girls Leading Change

The following was submitted by the Network for Social Justice: To mark Women's History Month and International Women's Day in 2026, the Network for Social Justice is collaborating with club leaders from Winchester High School and members of the Community Health team from La Colaborativa in Chelsea and

March 4, 2026

NEWS

Winchester School Committee candidates bring contrasting backgrounds to Thursday forum

Two candidates for Winchester's School Committee will face voters at a forum as the district navigates a new literacy curriculum, budget pressures and questions about student mental health. Heather von Mering and John Bellaire are competing for an open seat on the School Committee, which oversees a budget von

WILL DOWD | STAFF WRITER

March 4, 2026

FEATURES

'Chicago: Teen Edition' dances onto the Winchester High School stage

By Talia Ho | Correspondent Fame. Fortune. And all that jazz. This spring, Winchester

EVENTS

Ripley Chapel in Winchester presents 'Syldason: You Are Welcome Here'

The following was submitted by the Ripley Chapel at First Congregational Church: On

Subscribe

High School presents "Chicago: Teen Edition," a bold musical that explores celebrity culture, media manipulation, and the cost of ambition. This iconic production is set in the 1920s. Performances will take place on March 13 and 14

SPECIAL TO THE NEWS
March 4, 2026

Friday, March 13, beginning at 7:30 p.m., live in-person and live streamed from the stunning Ripley Chapel at First Congregational Church, Winchester, 21 Church St., join in with Syldason, a duo concert featuring Sylvie Zakarian,

March 4, 2026

WINCHESTER NEWS
A TRUSTED AND RELIABLE SOURCE OF LOCAL NEWS

Subscribe to Winchester News

© 2026 Winchester News Group, Inc. Copying and sharing with permission for non-commercial use only.

Subscribe